

Sunny
Strasburg, LMFT
Marriage and
Family Therapist

Sunny Strasburg, LMFT

321 S 1200 E Salt Lake City, UT 84102

T: 801-647-5020 E: sunnystrasburg@gmail.com

W: www.sunnystrasburgtherapy.com

Licensed Marriage and Family Therapist. Utah and Maryland

Utah License Number: 7306486-3902 Maryland License Number: LCM785

Employment

Clinical Director of Operations TRIPP Inc. and PsyAssist

Oversight, development and research for psychedelic support via mobile app and virtual reality platforms.

Lead Trainer Ketamine Training Center

Operating through the Ketamine Research Foundation with leadership by Dr. Phil Wolfson. Colead KAP training with Dr. Bessel van der Kolk, Dr. Gita Vaid and others.

Presenter and Speaker Psychedelic Assisted Psychotherapy and EMDR

EMDRIA Worldwide Virtual Conference 2021

Licensed Psychotherapist

Consultation and Advising for Ketamine and Psychedelic Assisted Therapy Protocol Development and Oversight.

Certified EMDR Trauma Specialist. Trauma treatment using EMDR (Eye Movement Desensitization and Reprocessing)

Certified Psychedelic Assisted Therapist

Katamine Assisted Psychotherapy for PTSD, Anxiety and Depression

Mobile Phone App Development for Therapeutic Protocols

Couples Therapy using Gottman Couples Method

Jungian Depth Psychology

Ego State Therapy

Attachment Theory

Winner of SLC Weekly Best of Utah 2021: Best Psychotherapist

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Education

Certification in Psychedelic Assisted Therapy

California Institute of Integral Studies. San Francisco, CA 2019 Cohort

Master of Counseling Psychology. Pacifica Graduate Institute. Santa Barbara, CA

Thesis and illustrated, published book: *The Alchemist's Path: Navigating and Reclaiming the Depths of Your Psyche*

Bachelor of Art. University of Utah. Salt Lake City, UT

Awarded four year, full tuition merit scholarship

Training

Trained in Psychedelic Assisted Therapy

Training in psilocybin assisted therapy. Compass Pathways. Mentored by Dr. Brian Richards, Sheppard Pratt. Residency. Synthesis Psilocybin Retreat. Zandvoort, Netherlands.

Trained in Ketamine Assisted Therapy. Mentored by Dr. Phil Wolfson.

Trained in MDMA Assisted Psychotherapy. Michael and Annie Mithoefer, MAPS

Certified in EMDR

Training in advanced trauma techniques using EMDR. Ego State Therapy, Dr Carol Forgash, Mourning and Grief Trauma training.

Gottman Couples Method Levels I,II,III

Trained with Drs John and Julie Gottman

Trauma Treatment

Trained with Dr Bessel Van Der Kolk

EMDR Basic and Advanced Training

Trained with Drs Gerard Puk and Curtis Rouanzoin: EMDR Training Weekends I, II

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**Supervision
and
Mentorship**

Dr. Brian Richards, PsyD Aquilino Cancer Center, Sheppard Pratt Hospital

Phil Wolfson, MD Ketamine Research Center

Mike Dulle, LPC Odyssey House of Utah Adult Inpatient Drug and Alcohol Rehabilitation Treatment

Andria Miller, LCSW Volunteers of America Outpatient Drug and Alcohol Rehabilitation Treatment

Dr. Bruce Riggs, PhD. Attachment Theory

Dr. Peter Nicholas, PhD. Pingree School for Autism

Anastasia Pollock, LCSW EMDRIA Certification, Internal Family Systems

**Presentations,
Workshops
and Volunteer
Groups**

Retreat Host and Producer

Healing for Healers: Ketamine Assisted Therapy Group Retreats

California, Utah, Maryland, Washington D.C., Wyoming and Costa Rica

Holotropic Breathwork Co-facilitator and Therapist

Therapy Volunteer

The Children's Center. SLC, UT

Head Start of Utah. SLC. UT

Rocky Mountain Hospice. SLC, UT

YMCA Women's and Children's Center. SLC, UT

Volunteers of America Women and Children's Shelter. SLC, UT

Presentations

Speaker/Trainer: Ketamine Research Foundation 2021

Speaker/Interviewee: Indra's Net Collation Shrink Rap Radio 2021

Speaker/Interviewer and Interviewee: Infinite Playa 2020

Speaker/Producer: Mindbender 2007, 2008 featuring Dr Ralph Metzner, Stacia Butterfield, and

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Andrew Jones. Sundance Film Festival

Speaker/Producer: Archetypal Art and Psychology at Pacifica Graduate Institute.

Speaker/Producer: Archetypal Art and Psychology at Jung Society of Utah. SLC, UT

Wrote and published, *Goddess Alchemy: A Dream Journal*, Santa Barbara, CA

Speaker/Producer: Archetypal Art and Psychology at SLC Library Downtown, UT